

Overcoming Temptation Study Guide

1. Why should we rejoice when we go through difficult times? 1 Peter 1,7 & James 1,2-4
2. Was Jesus tempted very much? Did His temptations cause Him to sin? Hebrews 4,15
3. Why should Christians not be surprised when they are tempted? Name one way God helps us. 1 Corinthians 10,13
4. At what point does temptation turn into sin? James 1,12-16
5. Can sin take place in our thoughts? Matthew 5,28
6. What does Paul say we should think about? Phil 4,8; Col 3,1
7. Why is it so important to guard our hearts from temptation? Name 3 ways we can protect ourselves. Proverbs 4,23-27
8. What decision did Lot make that led to great temptation for him? Genesis 13,10-11 & 2 Peter 2,7
9. Give some practical advise on how we can avoid temptation? 2 Timothy 2,22 & Psalm 1,1
10. How did Jesus overcome temptation? Matthew 4,4 & 4,10
11. What steps should we take to overcome according to James 4,7? 1 Peter 5,8-9
12. In whose strength do we stand against the devil? Ephesians 6,10
13. List the weapons God gives us listed in Ephesians 6,13-18

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